



Griffin Primary School

Physical Education Long Term Plan 2019-20

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Invasion Games Throwing & Catching	Dance Jungle Animals	Gymnastics (Floor work) Position & Direction	Invasion Games Ball Control	Striking & Fielding Partner Games	Athletics Running & Jumping
Year 2	Invasion Games Sending & Receiving	Dance Dangerous Animals	Gymnastics (Apparatus) 2D & 3D Shapes	Invasion Games Kicking & Dribbling	Striking & Fielding Group Games	Athletics Movement (running)
Year 3	Invasion Games Football Dribbling / control	Badminton	Dance Bollywood	Gymnastics (Apparatus) Jumping & Landing	Striking & Fielding Striking & exploring	Athletics Being an Athlete (Throwing activities)
Year 4	Invasion Games Football Dribbling / control / tactics	Badminton	Dance Electricity	Gymnastics (Floor work) Abstract Angles	Athletics Record Breaking (Jump for height & Distance)	Striking & Fielding Yorkshire Cricket
Year 5	Invasion Games Football Dribbling / control / tactics	Table Tennis Bat control Back/ forehand returns	Gymnastics (Apparatus) Travelling & Turning	Dance Space	Athletics Olympic Training (Variety of Track and Field)	Striking & Fielding Yorkshire Cricket
Year 6	Table Tennis Bat control Back/ forehand returns	Badminton	Gymnastics (Floor work) Gymnastics routine	Dance Street Dance	Athletics Olympic Training (Variety of Track and Field)	Striking & Fielding Yorkshire Cricket