

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Sausages in gravy creamed potato Seasonal Vegetables	Pasta Bolognese Seasonal Vegetables	Chicken Korma with rice Seasonal Vegetables or Salad home made naan bread	Roast Turkey, Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Fish Chips Peas or Beans
	<b>ALLERGENS: 7, 14</b>	<b>ALLERGENS: 2, 7</b>	<b>ALLERGENS: 2, 7, 9</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 5, 7</b>
<b>OPTION 2</b>	Vegetarian sausage in gravy creamed potato Seasonal Vegetables	Macaroni Cheese Seasonal Vegetables	Quorn southern coated Goujons baby potatoes Seasonal Vegetables or Salad	Vegetable Tart Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Quorn fishless fingers Chips Peas or Beans
	<b>ALLERGENS: 2, 7, 13, 14</b>	<b>ALLERGENS: 1, 2, 7, 9</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 1, 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>
<b>OPTION 3</b>	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)
	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>
<b>OPTION 4</b>	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings
	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>
<b>DESSERT CHOICE</b>	Wholemeal plum and vanilla crumble served with custard Fruit platter,yoghurts or fruit jelly	Chocolate crunch with pink custard Fruit platter or fruit jelly	Sponge fruit roll with custard Fruit platter or fruit jelly	Banana bread Yoghurt Fruit platter or Jelly	Cakes of the week Fruit platter or Fruit Jelly
	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>

WEEK COMMENCING

12th November, 3rd December, 14th January, 4th February, 4th March, 25th March

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Savoury Mince Seasonal vegetables	Chicken pie in puff pastry Seasonal Vegetables Creamed potato	Bacon sausage egg baked beans, tomatoes wholemeal baked bread	Roast chicken Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Fish Chips Peas or Beans
	<b>ALLERGENS: 2, 5, 7, 9</b>	<b>ALLERGENS: 1, 2, 5, 7</b>	<b>ALLERGENS: 2, 4, 7, 14</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 5, 7</b>
<b>OPTION 2</b>	Cheese omllette (free range) Boiled potatoes Seasonal Vegetables	Vegetable pie in puff pastry Creamed potato Seasonal Vegetables	Quorn sausage, egg, Baked beans, tomatoes	Quorn Chicken Creamed or Roast Potatoes Yorkshire Pudding Seasonal Vegetables	Vegetarian Curry Chips Peas or Beans
	<b>ALLERGENS: 4, 7</b>	<b>ALLERGENS: 1, 2</b>	<b>ALLERGENS: 2, 4, 13, 14</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 7, 9</b>
<b>OPTION 3</b>	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)
	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>
<b>OPTION 4</b>	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings
	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>
<b>DESSERT CHOICE</b>	Orange sponge (2,4,7) served with chocolate sauce (7) Fruit platter,yoghurts (2) or fruit jelly	Banango cake (2,4,7) Yoghurt (2) Fruit platter or fruit jelly	Fruit, Yoghurt and granola (2,7,14)  Fruit platter or fruit jelly	Cheese portion and fruit (2,4,7) Yoghurt (2) Fruit platter or Jelly	Cakes of the week (2,4,7) Fruit platter OR Fruit Jelly
	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 7, 14</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>

WEEK COMMENCING

19th November, 10th December, 21st January, 11th February, 11th March, 1st April

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>OPTION 1</b>	Chicken meatballs (2) Italian tomato sauce Wholemeal pasta (2,7) seasonal vegetables	Roast Chicken Seasonal Vegetables Roast potatoes	Home made pizza (2,7) seasonal vegetables Salad	Braised beef in gravy Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Fish Chips Peas or Beans
	<b>ALLERGENS: 2, 7</b>	<b>ALLERGENS:</b>	<b>ALLERGENS: 2, 7</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 5, 7</b>
<b>OPTION 2</b>	Vegetable lasagne (1,2,7,9) Seasonal Vegetables	Pasta Pomadora (2,7) Roast potatoes Seasonal Vegetables	Three bean chilli con carne (7) Rice	Veggie toads (2,4,7,13,14) Creamed or Roast Potatoes (7) Yorkshire Pudding (2,4,7) Seasonal Vegetables	Fishless Fingers (2,4,7) Chips Peas or Beans
	<b>ALLERGENS: 1, 2, 7, 9</b>	<b>ALLERGENS: 2, 7</b>	<b>ALLERGENS: 7</b>	<b>ALLERGENS: 2, 4, 7, 13, 14</b>	<b>ALLERGENS: 2, 4, 7</b>
<b>OPTION 3</b>	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)	Selection of Sandwiches, Baguettes & wraps, vegetable sticks and salad fruit, yoghurts (2)
	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>	<b>ALLERGENS: 2,4,5,7,9</b>
<b>OPTION 4</b>	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings	Jacket Potato or Pasta With Selection of toppings
	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>	<b>ALLERGENS: 4,5,7,9</b>
<b>DESSERT CHOICE</b>	Fruit Flapjack served with custard Fruit platter,yoghurts or fruit jelly	Mandarins, ice cream, granola Yoghurt (2) Fruit platter or fruit jelly	Rice pudding with mixed berries Fruit platter or fruit jelly	Marble sponge with custard Yoghurt (2) Fruit platter or Jelly	Cakes of the week Fruit platter Fruit Jelly
	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7, 14</b>	<b>ALLERGENS: 7</b>	<b>ALLERGENS: 2, 4, 7</b>	<b>ALLERGENS: 2, 4, 7</b>

VEGETARIAN (V)

We also offer unlimited vegetables and salad to accompany meals as well as fresh baked bread  
Fresh water or milk to drink (7)

**ALLERGENS**

